Troubles with Toileting

January 23, 2021 Mary Sauter, M.Ed.



Issues

Withholding

Hiding

Stool Toileting Refusal



First Steps

Contact your pediatrician

Before using alternative methods

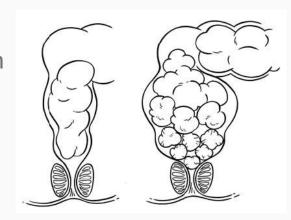


Withholding

Can cause other problems

Rectal Impaction - hardened stool stuck in the rectum

Primary Encopresis - never attain bowel control



Hiding

When your child runs away to hide to have a bowel movement



Stool Toileting Refusal

When your otherwise potty trained child refuses to poop in the toilet

Linked to

Hard and painful stools

Constipation



How to treat these issues

Increase praise

Not using negative terms (e.g. stinky)

Shaping

Set schedule

Specific Reinforcement



Questions?

Potty Training

Prerequisites for potty training

Stay dry for 2 hours

Regular BMs

Can follow simple directions

Demonstrates discomfort for soiled diapers

Pulls pants up and down

Requests to wear underwear and/or use the toilet

